**Thurrock Emotional Wellbeing Forum**

**For Individuals, Families and Carers**



**Monday 12th February 2018, 2.00 – 4.00 pm**

**Thurrock Mind Crown House, Crown Road, Grays**

**Attendees:**

Ian Evans - Facilitator

Karen Haltham (minutes)

Sarah Turner – Thurrock Council

Loraine Coleman - Mind Volunteer & Thurrock Contact the Elderly

Julia Wright - TACC

Lauren Page - Volunteer

Maria Sutton – Thurrock Mind Advocacy

**Apologies:** Christine Ellisdon

**1. Welcome and Introductions**

Ian welcomed everyone to the meeting and introductions were made.

**2. Minutes and Matters Arising from the Previous Forum Meeting**

Karen to forward a copy of the presentation from the last meeting to Lauren.

Leanne mentioned that the working in the DWP document could be stigmatising, would need to complain to ATOS rather than DWP.

**3. Presentation by Sarah Turner, Market Position Statement**

Sarah introduced herself and went through the Market Position Statement.

* Future:
* Micro-providers
* Is Street Triage still continuing
* Befriending element – allows independence
* Project – means signposting is possible/safe services
* Increase in care and support for people with dementia
* Crisis support for people with mental health
* no-one for people to talk to
* 10 minute drop in service
* Responsive service for counselling/consultation
* Peer Work
* Those with lived experiences helping others
* Recovery College

Helps carers as well as those with mental health

* Advocacy
* IAPT Service
* EPUT carers well-being course

5. **Refreshments**

6. **Group Discussion on Future Meeting Topics**

Over the last year the group has discussed the following topics:

* Suicide Prevention
* Shared Lives
* Role out of Universal Credit PIP/ESA
* Market Position Statement

The group discussed various ways to promote and encourage people to attend the forum, highlighted below:

* Leaflet drop
* To hold an event
* Have a meeting in a school
* Bring and share experiences, can pick up from others ideas etc.
* Recovery College
* Change the time/day/venue of the meetings/evening meetings, Karen to find out the availability of the Beehive on a Monday evening.

**7. NHS – Your Care in the Best Place**

Join Thurrock Diversity Network TDNto talk about current proposals for future hospital services:

Monday 26th February 2018 at 11 am – 1 pm

The Beehive Resource Centre, West Street, Grays, Essex RM17 6XP

We hope you will be prepared to take an active part

**8. Invite to TDN on 15th February 2018**

At the above TDN meeting there will be a presentation on the New Model of Care in Chadwell and Tilbury, by Ian Wake, all welcome to attend:

Thursday 15th March 2018 - 6-8 pm

The Beehive Resource Centre, West Street, Grays, Essex RM17 6XP

**9. Any Other Business**

Leanne reported Thurrock Mind are able to offer Mental Health First Aid Training, Adult and Youth (1-18 years) RRP £300-£350, Mind would be able to offer at a reduce cost which has yet to be agreed.

**The next meeting date, time and venue to be arranged**