# Thurrock Council Adult Social Care Mental Health Peer Review— June 2018

**Easy Read Version** 



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Thurrock Coalition



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**ThurrockMHPeerReview** 

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#### WHAT IS THIS BOOKLET ALL ABOUT?





# WHAT IS THE LOCAL GOVERNMENT ASSOCIATION?





#### WHAT IS A PEER REVIEW



This booklet is to help people to understand what a Peer Review is, how it works, what it means for people in Thurrock and how to have your say on the mental health support and services you receive.

The Local Government Association is national organisation.
It's members include 415 Local Councils.

The Local Government Association works with councils to support, publicise and improve them.

The Local Government Association gives Local Councils a voice when speaking to National Government

A Peer Review is a short visit by some experts.

The visit is organised by a council and involves a small team of local government officers and councillors spending time at the council to interview people who work at the Council, to ask them questions and share what they find out.

## WHY IS IT IMPORTANT TO HAVE A PEER REVIEW?



#### HOW LONG DOES A PEER REVIEW LAST?







#### WHO IS ON THE PEER REVIEW TEAM?

A Peer Review is a good way to help Councils to improve how they provide support and services to the people that live in the local area.

The Council can pick the topic for the Peer Review.

#### The Topic is all about Mental Health Services & Support in Thurrock.

The Local Government Association Peer Review in Thurrock will last 3 days, (12-14th June 2018).

Day one: Interviews with individuals and professionals

Day two: Interviews with individuals and professionals

Day 3: The experts gather their findings and recommendations from the interviews and present these to the Council.

- Lead Peer A Director of Adult Social Care (with experience of mental health and personalised services)
- Member Peer (A Councillor) Leader or Portfolio Holder, Conservative

#### WHO IS ON THE PEER REVIEW TEAM?



- Health Peer –
   Clinical Commissioning Group
   (CCG) Senior Officer
- Senior Officer Peer1 Assistant Director/Head of Social Care
- Senior Officer Peer2 From the Eastern Region with experience of Mental Health services
- LGA Peer Review Manager

#### WHAT QUESTIONS WILL THE TEAM BE ASKING?

#### Question Your views & feedback a) Do the current organisations that provide mental health services locally have the right approach? Do they help you to look at what you want to achieve and to think about what a good life looks like to you? Do they treat people as individuals, with dignity and respect and choice and control over the support they receive?

Question	Your views & feedback
b) Are you happy with the range of services that's available? If not, why not?	
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# Question Your views & feedback c) Name one thing that would make your life easier when you're not feeling well (mental health)

#### Question

#### Your views & feedback

d) Do the current services offered by Essex Partnership University NHS Foundation Trust (EPUT) help to keep you well and prevent you from getting into crisis, or do they only react when things go wrong?



Question	Your views & feedback
e) Do you feel that you're able to get the help you need when you need it?	

## **Question** Your views & feedback f) Do you feel that the different organisations work well together when providing services and support at the moment? Think about places like GPs (general practitioners), community pharmacists, as well as Adult Social Care, housing and mental health service providers.

Question	Your views & feedback
g) What would you change? What needs to improve?	

#### WHAT HAPPENS NEXT?









The Peer Review Team are visiting Thurrock from 12th—14th June 2018.

We will gather everyone's views, feedback and responses to the questions and then Thurrock Coalition will write a Report.

We will send the Report to the Peer Review Team so they have a chance to read it before the visit Thurrock in June 2018.

The Peer Review Team will write a Final Report with recommendations about how to improve local mental health services

Thank you for taking the time to let us know your views